

# WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup</b>	Tomato and Basil	Carrot and Coriander	Leek and Potato	Broccoli and Cheese	Chicken Noodle
	Soup of the Day with freshly made bread, croutons and a selection of toppings				
<b>Main</b>	Spaghetti with a Bolognese sauce	Chicken Tikka made with Tomato and cream	Traditional Cottage Pie topped with crispy cheese mash potato and onion gravy	Swedish Meatballs served with cream sauce and berry compote	Breaded Fish Fingers or Chicken Goujons
	Spaghetti with Quorn Bolognese sauce	Vegetable Biryani with a light curry sauce	Parsnip Leek and Cheddar Crumble with rushed New Potatoes	Vegetarian Swedish Plant Based Meatballs served with a creamy Sauce and berry compote	Bubble and Squeak Cake served with a fried egg
<b>On The Side</b>	Pesto Green Beans and Sweetcorn Garlic Bread	Pilau Rice Spiced Cauliflower with red onion and chilli Naan breads with raita and mango chutney	Savory Cabbage and Carrots	Mashed Potatoes with Green Beans and Carrots	Garden Peas Baked Beans Skinny Fries
<b>Jacket &amp; Pasta Bar</b>	Daily we provide a selection of the following to compliment our Jacket & Pasta Bar: Baked Beans, Cheddar Cheese, Roasted Tomato Sauce & Chefs Special				
<b>Dessert</b>	Rocky Road	Sticky Toffee Pudding with custard	Cheesecake of the day	Lemon & Blueberry Cake	S'mores Pudding
<b>Daily</b>	Daily we offer a freshly prepared Salad Bar, Natural Yoghurts & Jelly				

All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.

