

## ST GABRIEL'S NURSERY MENU - WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK	Pear with Cheese Slices	Breadsticks with Olives and Veg	Pitta Bread with Avocado	Greek Yoghurt & Honey	Cream Cheese with Crackers and Veg. Sticks
MAIN MEAL	Chicken Fajitas	Beef Bolognaise	Beef Curry	Roast Pork	Fish Fingers
MEAT FREE	Vegetable & Bean Fajitas	Quorn Bolognaise	Five Bean & Halloumi Curry	Slow-Cooked Braised Jackfruit	Vegan Fish Fingers
ON THE SIDE	Rice Sweetcorn Broccoli	Spaghetti Carrots Green Beans	Rice Cauliflower Broccoli	New Potatoes Sweetcorn Green Beans	Fries Peas Baked Beans
DESSERT	Yoghurt with Fruit	Apple Crumble & Custard	Yoghurt with Fruit	Chocolate & Beetroot Cake	Yoghurt with Fruit
TEA TIME	Warm Ham & Cheese Muffin	Pasta with Tomato Sauce	Toasted Crumpet with Tuna	Half Jacket Potato with Cheese & Beans	Assorted Sandwiches
EVERYDAY	Everyday Sliced, fresh fruit crudité's with tea				